



Dear Families;

We have three age-grouped camps to choose from. Activities such as daily swim time, swim lessons, rock climbing, rock climbing lessons, and indoor games & sports, team building activities, arts & crafts and more.

Below are the camps available to choose from. Space is limited on a first-come, first-serve basis. Spots will not be reserved until the deposit payment is made and all the paperwork is turned in complete. Sign up NOW to reserve your spot. We reserve the right to cancel a camp day due to lack of enrollment. We also reserve the right to combine age-groups if enrollment is low on any given day and time frame.

**Little Bears Camp—ages 3-5 years**

Time: 8:30am-4:30pm full day or half day. They will participate in arts & crafts, swimming lessons, Club Rush and games at the Rock Wall as well as have their own snack time. Activities vary at each club location.

**Big Bears Camp**

**Age Split-> Red Bears Ages 6-8 yrs; Blue Bears Ages 9-12 yrs**

Time: 8:30am-4:30pm full day or half day. For half day camp, please choose between 8:30am-12:30pm or 12:30-4:30pm. Activities vary at each club location.

**Early Drop-Off and Late Pick-Up**

We offer early drop-off and late pick-up on an as needed basis for an additional \$15 per week in order to cover the cost of staffing. Please call or email Emily for more information.

**Camps Registration Dates**

The Camp Registration dates are listed below. After Registration ends we will no longer accept new registrants. This is to ensure that we have the proper staffing needed to run a safe, quality camp. Please allow for at least 24 hours notice when adding days to your child's attendance so we can staff properly.

**Vacation Dates**

Summer Camps Runs June 29 – August 28, 2009

**Registration Begins**

March 9, 2009

**Registration Ends**

August 21, 2009 at 5pm

We will have Summer Camps in both Salem and Londonderry this summer like we have done for school vacation camps. Activities are similar with the addition of weekly field trips (TBD).

To sign up, please fill out the registration packet and mark off which dates and times you would like to register your child for and send to [eboudreau@theworkoutclub.com](mailto:eboudreau@theworkoutclub.com) or mail to the Salem or Londonderry Club with ATTN: Emily Boudreau on the envelope.

Again, due to our 10:1 ratio of child to staff – we cannot allow drop-ins without a 24-hour phone call notice. Questions, comments, concerns or to enroll, please contact Emily Boudreau, Children's Programming Director by phone 603-894-4800 x.112 or by email [eboudreau@theworkoutclub.com](mailto:eboudreau@theworkoutclub.com).

Thank you,

Emily R. Boudreau  
WCWC Children's Director  
603-894-4800 x.112  
[eboudreau@theworkoutclub.com](mailto:eboudreau@theworkoutclub.com)

# **PowerKidz Camp Enrollment Policies and Procedures**

## **Deposit & Tuition**

Enrollment Fee of \$ 20.00 or Coupon waiving the Enrollment Fee is due at the time of registration.

Summer camp is split into Session 1 or Session 2 payments. Session 1 runs June 28-July 31, 2009. Session 2 runs August 3-28, 2009.

We require a non-refundable enrollment fee of \$20 at the time of registration. This fee is for crafts, PE equipment and helps to pay for special activity supplies at camp. This fee will be considered your camp deposit. Your spot will not be held in camp until your enrollment fee is paid and all paperwork is complete and is handed into the Children's Programming Director. Camp spots are reserved on a first come, first serve basis.

Due to the program requirements, we need to schedule staff based on the number of children enrolled. We cannot refund tuition for days your child is absent for any reason.

You are under contract to pay your tuition balance the first day of camp that your child is attending. Your child cannot attend camp until tuition balance payment is made. **ALL TUITION IS NON-REFUNDABLE.**

### **Camp Tuition Scale Per Week**

	Full Day 8:30am-4:30pm	Half Day 8:30am-12:30pm OR 12:30-4:30pm	Add additional Drop-off and Pick-Up
1 day	\$ 55.00	\$ 27.50	\$15
2 days	\$ 85.00	\$ 42.50	
3 days	\$ 120.00	\$ 60.00	
4 days	\$ 150.00	\$ 75.00	
5 days	\$ 170.00	\$ 85.00	

Tuition is subject to change with a four week written notice. Tuition is our source of revenue to help pay for the operation of our camp programs and for staffing payroll. Prompt payment is necessary and expected.

## **Make Up Days**

We do not offer Make-Up Days for missed days of camp for any reason.

## **Late Pickup**

If you will be later than the agreed time to pick up your child/ren, a phone call is required to verify if PowerKidz Staff coverage is available. We suggest that you carry the program number with you.

PowerKidz base hours of operation are 8:30am-4:30pm . There is a late fee of \$1.00 every minute after 4:30pm until your child is picked up if a later arrangement was not made ahead of drop-off that morning. Payment must be made that evening. Your child will not be allowed to attend PowerKidz Camp until payment is made. If you need earlier drop-off or pick-up, please contact Emily Boudreau, Children's Director, to arrange what days and times you need it. We'll do our best to accommodate your work schedule.

## **Withdrawal or Termination**

Tuition is non-refundable. These policies are in no way intended to be punitive. However, in order to meet our expenses and offer adequate staff/child ratios, we must ask that you cooperate in these matters. If we are constantly having issues with your child's behavior whether it be verbal and/or physical, your child may be asked to leave camp without refund. Safety is our #1 priority in PowerKidz. We do not tolerate violent behavior or bullying towards the staff or other campers.

## **Schedule Changes**

In order to add days or change days you must ask the program director for approval. When requesting to add a day, families actively enrolled in the camp program have first priority on any open slots. All time changes must be pre-approved by the director with at least 24 hours notice so that we may staff accordingly.

## **Lunches and Snacks**

PowerKidz does NOT provide any food or drinks. Each camper is responsible to bring with names on the label:

- Morning snack with drink–No peanut products please
- Lunch in boxes with ice packs and a drink–No peanut products please
- Afternoon snack and drink–No peanut products please
- Water bottles
- Sunscreen
- Bug Spray

## **Supplies needed on a daily basis:**

- Morning snack and drink–No peanut products please
- Lunch in boxes with icepack and a drink –No peanut products please
- Afternoon snack and drink–No peanut products please
- Water bottle
- Towel and swim wear
- Sunscreen
- Bug Spray
- Pack according to the weather! In the event we go outside, you want to be sure that your child is dressed appropriately for the weather to come during the day.

## **Medications**

We do not administer regular prescription or non-prescription medications to children at camp unless it is preventing an emergency such as an epi-pen or inhaler for asthma. If your child requires cough or cold medicine-they should NOT be at camp. In fact, if you bring your child to camp sick or they become ill while in attendance, we will send them home with a parent/guardian or an authorized pick-up person listed on your enrollment form.

If your child may require an epi-pen or asthma inhaler, please provide the following written on the medication casing:

- 1) Child's name
- 2) Name of the child's doctor
- 3) The name of the prescription
- 4) The issue date of the medication
- 5) The dosage
- 6) Instructions to give the medication
- 7) Storage requirements

All administered medication will be logged on a medical consent form. The form must be completed, signed and dated by the family member, listing the name of the child, name of medication, and dosage and time to administer medication.

## **Arrival and Departure**

**Arrival:** For your child's safety we require that you or another authorized adult bring your child into the camp program each morning and get them settled. Sign your child in each morning with the staff. You must enter the gym through the front gym entrance. We ask that you do not enter in the side or back entrances to ensure your child's safety.

If you are going to be away from your place of work, please make sure we always have a number to reach you at. Please call the program by 8:30am if your child will not attend that day, or if the child will be attending later than their scheduled time.

**Departure:** We will release children to authorized persons ONLY. At the time of enrollment, families must provide us with names of persons authorized to pick up. It is the family's responsibility to inform the program of any changes in the names of authorized persons. When someone other than an authorized person (as indicated on the emergency pick up paper) is to pick up your child/ren, please notify the program in writing or by telephone call. The program will require photo ID before the child is released. Please have your ID's ready at pick-up. It is your responsibility to inform authorized persons to pick-up to bring an ID at pick-up.

## WCWC PowerKidz Camp Enrollment Form

Child's name:	
Age:	
Date of birth:	
Home Address:	
Sex:	
Height:	
Weight:	
Hair Color:	
Eye Color:	
Primary Language:	
Medical conditions:	
Allergies:	
Current medications:	
Family doctor:	
Doctor's phone:	

  

<b>Parent/Guardian name:</b>	
Home phone:	
Work phone:	
Cell phone:	
Email Address:	
<b>Parent/Guardian name:</b>	
Home phone:	
Work phone:	
Cell phone:	
<b>Authorized Contact(for emergencies):</b>	
Home phone:	
Work phone:	
Cell phone:	

  

**Health Care Permission**

I give the Workout Club PowerKidz Staff permission to use the following over-the-counter first aid supplies in case of minor injury.

<input type="checkbox"/> Kleenex	<input type="checkbox"/> Gauze Pads	<input type="checkbox"/> Sunscreen
<input type="checkbox"/> Adhesive Tape	<input type="checkbox"/> Cold Packs	<input type="checkbox"/> Bug Spray
<input type="checkbox"/> Vaseline	<input type="checkbox"/> Thermometers	
<input type="checkbox"/> Latex Free Gloves	<input type="checkbox"/> Eye Wash	
<input type="checkbox"/> First Aid Cream	<input type="checkbox"/> Band-aids	

Permission to swim? Yes NO Does your child swim on their own? YES NO

Explain swimming ability \_\_\_\_\_

If they require a flotation device, you need to send it with them to camp along. Please be sure that the flotation device is not a device that can be popped such as water wings.

**Notes:**

\*A new Emergency Contacts sheet must be submitted yearly, and every time information changes.

If a parent or guardian cannot be contacted, I hereby authorize the PowerKidz Staff at WCWC to contact and if necessary, release my child to the following person listed as the Authorized Contact (for emergencies) above. I have read and agree to the camp policies to enroll my child.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

## Photograph, Film and Video Permission

Please attach photo below OR provide a detailed written description of your child. This photo is **NOT** for the use of Photograph, Film and Video Permission for our program. It is intended for in the event of an emergency.

<p><b>PLACE PHOTO OR WRITE DESCRIPTION HERE</b></p>
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I give permission to The Workout Club for myself and/or my children to be photographed, videotaped or filmed for the following activity/event while at PowerKidz. I acknowledge that no compensation will be paid by The Workout Club or any third party to my child or to me or any other person on behalf of my child or me with respect to such use of my child images or my images. I understand that these photographs, tapes, film or reproduction may be used by The Workout Club & Wellness Center for promotional or advertising purpose.

Activity/Event: PowerKidz Camp

Name of Child(ren): \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

## Sunscreen/Bug Spray Permission

PowerKidz Staff at the Workout Club has permission to apply sunscreen and bug spray to my child. I understand that I must provide the sunscreen and bug spray each day in my child's bag.

Signature of Parent or Guardian \_\_\_\_\_

Date \_\_\_\_\_

# WATERSLIDE REGULATIONS

- All riders must be 48' to ride the waterslide
- The swim test is one length of the large pool front crawl with the face in the water, arms out, & breathing to front or side
- A wristband is required to use the waterslide
- The line for the waterslide starts on deck
- No floatation devices are allowed on the waterslide
- Only one rider at a time ( no chains, trains or doubles)
- No diving or jumping from the flume
- Enter the slide in a sitting position (feet first)
- Wait for the waterslide attendants instructions before riding
- Ride slide feet first either sitting or lying on your back
- Keep arms and feet inside flume at all times
- Exit the splashdown area immediately so that the next rider can access the waterslide via the ladder and walk around the pools.
- Walking under the waterslide is not permitted.

Thank you,  
The Aquatics Staff

By signing you agree that your party will follow the Pool Rules and Waterslide Regulations of the Salem Workout Club & Wellness Center. If the rules are continually broken, your party may be asked to leave the pool area for safety without refund. We thank you in advance for your cooperation.

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Participant Signature

Date

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Department Head Signature

Date

## POOL POLICIES

- Lifeguards are not available during family swim, it is the sole responsibility of parents to supervise their children.
- All swimmers must take a soap shower prior to swimming (NH State Law)
- Anyone with an infectious disease, open sore, communicable illness may not use the swimming pool.
- Anyone with collar length hair or longer must wear a bathing cap or pulled back securely.
- Street shoes & strollers are not allowed on pool deck.
- Please walk on pool deck at all times
- Bathing suits are required. White T-shirts may be worn while swimming in the shallow end only (although not recommended).
- Food, beverage, & glass containers are not allowed in pool or on pool deck
- Diving is allowed in designated areas in our DEEP END only.
- Swimmers needing/using flotation may swim in shallow end only if accompanied by an adult in the water.
- Hanging on lane lines in NOT permitted.
- Swearing is NOT permitted.
- Flips, back dives and twists are NOT permitted
- Use of diving blocks is not permitted.
- Running and jumping into the pool in not permitted.
- Walking or standing in the gutters or walls between pools is not permitted.
- An Adult (age 18 or over) must accompany children under the age of 6 in the water. An adult (age 18 or over) must accompany children ages 6-14 in the pool area.
- Kickboards and pull buoys are for lap swim only
- No diapers or inflatable objects allowed. Swim diapers & rubber pants are required.
- No person under the age of 14 is allowed in the spa or sauna STATE LAW
- Waterslide available during scheduled times only
- Lane sharing required at all times. Please circle swim if more than three to a lane.
- Please note that as per the National Lightning and Safety Institute we do close our pool for Thunder & Lightning. The pool will remain closed for ½ hour after the last clap of thunder is heard.
- Management reserves the right to deny use of the pool to anyone at anytime.

THANK YOU!

Child's Name \_\_\_\_\_

Date \_\_\_\_\_

## SUMMER CAMP Calendar Contract for Vacation Camp

Please indicate on under each date whether you are doing full or half days by writing what your child will be attending. If you are doing half days, please circle either 8:30am-12:30pm OR 12:30-4:30pm.

**Which Location ? (PLEASE CIRCLE) LONDONDERRY OR SALEM**

<b>Week 1</b>	6/29	6/30	7/1	7/2	7/3
Full or Half Days? 8:30-12:30, 12:30-4:30					
<b>Week 2</b>	7/6	7/7	7/8	7/9	7/10
Full or Half Days? 8:30-12:30, 12:30-4:30					
<b>Week 3</b>	7/13	7/14	7/15	7/16	7/17
Full or Half Days? 8:30-12:30, 12:30-4:30					
<b>Week 4</b>	7/20	7/21	7/22	7/23	7/24
Full or Half Days? 8:30-12:30, 12:30-4:30					
<b>Week 5</b>	7/27	7/28	7/29	7/30	7/31
Full or Half Days? 8:30-12:30, 12:30-4:30					
<b>Week 6</b>	8/3	8/4	8/5	8/6	8/7
Full or Half Days? 8:30-12:30, 12:30-4:30					
<b>Week 7</b>	8/10	8/11	8/12	8/13	8/14
Full or Half Days? 8:30-12:30, 12:30-4:30					
<b>Week 8</b>	8/17	8/18	8/19	8/20	8/21
Full or Half Days? 8:30-12:30, 12:30-4:30					
<b>Week 9</b>	8/24	8/25	8/26	8/27	8/28
Full or Half Days? 8:30-12:30, 12:30-4:30					

The above days I have circled are the days I have signed my child, \_\_\_\_\_, up for Summer Vacation Camp at The Workout Club & Wellness Center in Salem.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Approved by (director signature) \_\_\_\_\_ Date \_\_\_\_\_