

**workout**  
beyond fitness.



<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
5AM-4PM OPEN	5AM-3:45PM OPEN	OPEN 5AM-9:30PM	OPEN 5AM-9:30PM	OPEN 5AM-8:30PM	6AM-9:45AM OPEN	6AM-9:25AM OPEN
4PM-4:30PM SWIM LESSONS	3:45PM-6PM SWIM LESSONS				9:45AM-10:50AM SWIM LESSONS	9:25AM-12:15PM SWIM LESSONS
4:30PM-9:30PM OPEN	6PM-9:30PM OPEN				10:50AM-5:30PM OPEN	12:15PM-5:30PM OPEN

