



## LONDONDERRY SWIM LESSONS Fall 1 2022

Saturday September 10-Friday October 21

**\*\*No classes Monday Oct. 10 – Last Monday class will be Oct. 24**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00-10:30am Guppies/ Readiness w/parent Small pool Marilyn  10:35-11:05am Starfish/Preschool 1 Small pool Marilyn	10:30-11:00am Minnow/Preschool 2 Small pool Marilyn  11:05-11:35am Dolphin/Preschool 3 Small pool Marilyn	3:45-4:30pm Beginner/Level 1 Small pool Emma  4:35-5:05pm Minnow/Preschool 2 Small pool Emma  5:10-5:40pm Dolphin/Preschool 3 Small pool Emma	3:45-4:30pm Adv. Beg./Level 2 Lap pool Cynthita  4:35-5:20pm Intermediate/Level 3 Lap pool Cynthita  5:25-5:55pm Minnow/Preschool 2 Small pool Regan  6:00-6:45pm Beginner/Level 1 Small pool Regan		9:00-9:30am Minnow/Preschool 2 Small pool Caitlyn  9-9:45am Adv. Beg./Level 2 Lap pool Maggie  9:35-10:05am Dolphin/Preschool 3 Small pool Caitlyn  9:50-10:35 Intermediate/Level 3 Lap pool Maggie  10:10-10:40 Guppies/ Readiness w/parent Small pool Caitlyn  10:50-11:20am Parent/Child Small pool Maggie  10:45-11:30am Beginner/Level 1 Lap pool Caitlyn  11:25-11:55am Parent/Child Small pool Maggie	9:00-9:30am Minnow/Preschool 2 Small pool Meghan  9:35-10:05am Dolphin/Preschool 3 Small pool Meghan  9:50-10:35am Adv. Beg./Level 2 Lap pool Cynthita  10:10-10:40am Parent/Child Small pool Erin  10:10-11:05am Advanced/Levels 4,5,6 Lap pool Meghan  10:40-11:25am Intermediate/Level 3 Lap pool Cynthita  10:45-11:15am Parent/Child Small pool Erin  11:30-12:00pm Starfish/Preschool 1 Small pool Cynthita

*Parent/Child, Readiness & Preschool level classes are 30 min. each week.  
Members \$109 Non-Members \$129*

*Youth Level classes (ages 6&over) are 45 min each week.  
Members \$139 Non-Members \$159*

**New & Updated Class Levels – please refer to the website for more information on each level.**

Parent/Child – ages 6months – 2.5 years

**Preschool Level Classes:**

Starfish/former Preschool 1

Minnow/former Preschool 2

Dolphins/former Preschool 3

Guppies/former Readiness w/Parent – ages 2.5-3 years

**School Age Level Classes:**

Beginner/former Level 1

Advanced Beginner/former Level 2

Intermediate/former Level 3

Advanced/Former Levels 4,5&6

For questions regarding Londonderry swim lessons please contact [Marilyn.soraghan@theworkoutclub.com](mailto:Marilyn.soraghan@theworkoutclub.com)

**\*\*We do not offer makeups unless The Workout Club cancels. No refunds are given for classes.**