






Effective

11/14/22

# Salem Lap Lane Schedule

| Monday   | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday  | Sunday   |
|--|---|--|--|---|---|--|
| 4:30am-3:00pm<br>8 Lanes open  | 4:30am-3:00pm<br>8 Lanes open   | 9:00 – 10:00am<br><i>Aquafit</i><br>Lanes 7 & 8<br>6 Lanes open  | 4:30am-3:00pm<br>8 Lanes open  | 9:00 – 10:00am<br><i>Aquafit</i><br>Lanes 7 & 8<br>6 Lanes open   | 9:15a–12:15p<br>Swim Lessons<br>Lanes 7 & 8<br>6 Lanes open | <br>Swim Team<br>9-10:30am<br>Lanes 4-6<br>5 Lanes open |
| 3:00-4:30pm<br><i>Pinkerton Swim Team</i><br>Lanes 2-7<br>2 Lanes open | 3:00-4:30pm<br><i>Alvirne Swim Team</i><br>Lanes 2-4<br>5 Lanes open  | 3:00-4:30pm<br><i>Pinkerton Swim Team</i><br>Lanes 2-7<br>2 Lanes open   | 3:00-4:30pm<br><i>Alvirne Swim Team</i><br>Lanes 2-4<br>5 Lanes open<br>until 3:55 | 10:00a-4:00p<br>8 Lanes open  | 12:15-5:30pm<br>8 Lanes open                                | 10:30-12pm<br><i>Pelham High Swim Team</i><br>Lanes 2-5<br>4 Lanes open  |
| 4:30-5:45pm<br><i>Alvirne Swim Team</i><br>Lanes 2-4<br>5 Lanes open   | 4:30-6pm<br><i>Pelham High Swim Team</i><br>Lanes 2-5<br>3 Lanes open | 4:15-6pm<br>Swim Lessons<br>Lane 1<br>1 Lane open  | 3:55 – 6:35pm<br>Swim Lessons<br>Lane 1<br>4 Lanes open<br>until 4:30pm            | 4-5:35pm Swim Lessons<br>Lane 8<br>7 Lanes open   |   | 12pm-5:30pm<br>8 Lanes open  |
| 5:45-6:50pm<br>Swim Lessons<br>Lane 1<br>7 Lanes open                  | 4:30-6:15pm<br>Swim lessons<br>Lane 1<br>3 Lanes open until 6pm       | <br>Swim Team<br>4:30 – 8:30pm<br>Lanes 5-8<br>3 Lanes open until 6pm | 4:30-6pm <i>Pelham High Swim Team</i><br>Lanes 2-5<br>3 Lanes open                 | <br>Swim Team<br>4:30-8:30pm<br>Swim team will practice at Salem on select Fridays<br>Lanes 5-8<br>4 Lanes open |   |  |
| 6:50pm-9:30pm<br>8 Lanes open  | 6-8pm <i>Windham High Swim Team</i><br>Lanes 2-7<br>2 Lanes open      | 6-8pm <i>Windham High Swim Team</i><br>Lanes 1-4<br>No Lanes open until after 8pm  | 6-8pm <i>Windham High Swim Team</i><br>Lanes 2-7<br>2 Lanes open at 6:35           |   |   |  |

Swim meets 2022-2023 Season

Sunday, December 18<sup>th</sup> 9:00am-4pm\*

Saturday, January 7<sup>th</sup> 2pm-6pm\*




Saturday, January 21<sup>st</sup> – Aquatics Center Closed for the day

Sunday, January 22<sup>nd</sup> 6am-2pm\*

\*In case of inclement weather, swim meet start/end time may be delayed\*



## Splash Zone/Family Pool Schedule

| Monday  | Tuesday                     | Wednesday                   | Thursday                    | Friday                      | Saturday   | Sunday   |
|---|-----------------------------|-----------------------------|-----------------------------|-----------------------------|--|--|
|   |                             |                             |                             |                             | 9:00-12:00pm<br>Swim Lessons   | 9:00-12:00pm<br>Swim Lessons   |
| 4:15-6:45pm<br>Swim Lessons   | 4:00-6:45pm<br>Swim Lessons | 4:15-6:45pm<br>Swim Lessons | 4:00-6:15pm<br>Swim Lessons | 4:15-6:45pm<br>Swim Lessons | <br>On Duty<br>Slide open 12-4:30 | <br>On Duty<br>Slide open 12-4:30 |
|   |                             |                             |                             |                             |  |  |
|  |                             |                             |                             |                             |  |  |

\*Pool Schedule is subject to change. There are ongoing private lessons and scuba classes that are held which may not appear on this schedule. Please check for lane reserved signs on the pool deck. The slide can only open when a lifeguard is on duty. Splash Zone is open when no swim lessons are present.