



# LONDONDERRY Lap Pool **\*\*effective 3/11/23**

<u>MONDAY</u> <u>5AM-10PM</u>	<u>TUESDAY</u> <u>5AM-10PM</u>	<u>WEDNESDAY</u> <u>5AM-10PM</u>	<u>THURSDAY</u> <u>5AM-10PM</u>	<u>FRIDAY</u> <u>5AM-9PM</u>	<u>SATURDAY</u> <u>6AM-6PM</u>	<u>SUNDAY</u> <u>6AM-6PM</u>
	6AM – 7AM LANES 2-5 GSP MASTERS		6AM – 7AM LANES 2-5 GSP MASTERS		7AM-8:15AM LANES 2-6 GSP MASTERS	7AM-8:15AM LANES 2-6 GSP MASTERS
9:30AM - 10:30AM LANES 1-3 AQUA FIT		9AM – 10AM LANES 1-3 AQUA FIT		9-10 AM LANES 1-3 AQUA FIT	8:30AM-9:30AM LANES 1-3 AQUA FIT	9AM-10AM LANES 1-3 AQUA FIT
					Swim Lessons 9:00-11:30 Lane 1 or 6	Swim Lessons 9:50-11:30 Lane 1 or 6
Swim Lessons 4:30-6:05 Lane 6			Swim Lessons 4:30-6:05 Lane 6		<div style="border: 2px solid blue; padding: 10px; text-align: center;"> <p><i>Spring 1 swim lessons begin March 11</i></p> </div>	
4:30-5:30PM RAYS Lanes 1-3			5:15 -8:30 PM RAYS LANES 2-6	RAYS last day of practices for the season is Thursday 3/16		
RAYS 5:30- 7:00PM LANES 1-5	5:15PM – 8:30PM RAYS LANES 2-6	5:15-6:15 AQUA FIT LANES 1-2				
POOL CLOS 9:30PM	POOL CLOS 9:30PM	POOL CLOS 9:30PM	POOL CLOS 9:30PM	POOL CLOS 8:30PM	POOL CLOS 5:30PM	POOL CLOS 5:30PM

