





workout club

Salem





Lap Pool Schedule

Effective

5/24/23

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:30am-4:05pm 8 Lanes open	4:30am-4:50pm 8 Lanes open	4:30am-9:00am 8 Lanes open	4:30am-4:55pm 8 Lanes open	4:30am-9:00am 8 Lanes open	6:00am-9:15am 8 Lanes open	6:00am-9:00am 8 Lanes open
		9:00-10:00am  Aqua Fit Lanes 7 & 8 6 Lanes open		9:00-10:00am  Aqua Fit Lanes 7 & 8 6 Lanes open	9:15a - 11:40p Swim Lessons Lanes 1 & 2 6 Lanes open	
4:05-7:05pm Swim Lessons Lane 1 OR 8 7 Lanes open	4:50-6:30pm Swim lessons Lane 1 7 Lanes open	4:25-6:00pm Swim Lessons Lane 1 3 Lanes open	4:55-7:20pm Swim lessons Lane 1 7 Lanes open	10:00am-Close 8 Lanes open	11:40-Close 8 Lanes open	 9:00-10:30am Lanes 3-6 4 Lanes open
		 4:30 - 8:30pm Lanes 3-6 4 Lanes open @6:00pm				10:30am-Close 8 Lanes open
7:05pm-Close 8 Lanes open	6:30-Close 8 Lanes open	8:30-Close 8 Lanes open	6:35-Close 8 Lanes open			
Pool Closes @9:30pm	Pool Closes @9:30pm	Pool Closes @9:30pm	Pool Closes @9:30pm	Pool Closes @8:30pm	Pool Closes @5:30pm	Pool Closes @5:30pm

Splash Zone/Family Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	10:00-11:00am Moving Easy w/Millie			10:30-11:45am Swim Lessons	9:00-11:15am Swim Lessons	9:00-11:15am Swim Lessons
4:00-6:10pm Swim Lessons	3:50-7:00pm Swim Lessons	4:25-6:30pm Swim Lessons	4:00-7:10pm Swim Lessons	 On Duty 5:30-7:30pm Slide open	 On Duty 12:30-4:30pm Slide open	 On Duty 12:30-4:30pm Slide open
						
Pool Closes @9:30pm	Pool Closes @9:30pm	Pool Closes @9:30pm	Pool Closes @9:30pm	Pool Closes @8:30pm	Pool Closes @5:30pm	Pool Closes @5:30pm

*Pool Schedule is subject to change. There are ongoing private lessons, clinics and scuba classes that are held which may not appear on this schedule. Please check for lane reserved signs on the pool deck.
The slide can only open when a lifeguard is on duty. Splash Zone is open when no swim lessons are present.